

The Mind Illuminated: A Complete Meditation Guide Integrating Buddhist Wisdom And Brain Science By Jeremy Graves;Matthew Immergut;Culadasa John Yates

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Culadasa (John Yates, ph.d.) (author of the

Aug 11, 2015 Culadasa (John Yates, Ph.D.) is the director of Dharma Treasure Buddhist Sangha in Tucson, Arizona and author of The Mind Illuminated: A Complete Meditat. Meditation Guide Integrating Buddhist Wisdom and Brain Science Journal has just published another article by Matthew Immergut and myself.

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Jeremy Graves is the author of A Battering Storm (3.00 avg rating, 1 rating, 1 review, A Complete Meditation Guide Integrating Buddhist Wisdom and Brain Science by Culadasa (John Yates, Ph.D.) (Goodreads Author), Matthew Immergut,

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